

Leslie's Essentials

be kind to your body

www.lesliehereba.com



**HAND MADE | SMALL BATCH
LOCALLY SOURCED
ALL NATURAL | ORGANIC | RAW
GLUTEN FREE | CHEMICAL FREE
POWERED BY ESSENTIAL OILS
& Positive Energy**

BASE INGREDIENTS

Organic Sweet Almond Oil

Sweet Almond oil is obtained from the nut of the tree, which is native to the Mediterranean and is cold pressed from the almond kernels. Sweet almond oil is packed with minerals, vitamins and protein. Recent studies by researchers in India have claimed that skin treated with almond oil prior to going in the sun have not only protected the skin from further damage by UV rays, but it helps repair the damage that has already been done from previous exposure.

Organic Virgin Apricot Oil

A classic, mild, semi-fatty oil which has been used for centuries. It spreads nicely, makes the skin soft, smooth and supple. Organic Apricot Kernel Oil is one of the best natural skin moisturizers because of its lightness—it moisturizes dry skin without leaving it greasy. A healthy natural way to help reduce dry skin inflammation, redness and itchiness, almond oil is also an ideal moisturizer for those with psoriasis, eczema, and easily irritated skin. For aging skin, apricot kernel Oil organic is also a good way to tighten the skin and reduce the appearance of wrinkles, puffiness and under the eye shadows and darkness. Suitable for all skin types, it is a great aromatherapy carrier oil, massage oil or after bath oil.

Organic Beeswax

Besides offering your skin a natural moisture and glow, the anti-allergenic and anti-inflammatory properties of bees wax can actually soothe easily irritated skin, making it one of the best skin care ingredients for those who suffer from allergies or other skin problems. Beeswax also acts as a layer of protection when applied to the skin, protecting the skin from environmental irritants and even the weather.

Cold-Pressed Organic Castor Oil

Castor oil is extracted from seeds of the castor oil plant. This oil has traditionally been used topically for skin and hair benefits. Today, the cosmetic industry uses castor oil as a main ingredient in many beauty care products. Most of the beauty benefits can be attributed to its high ricinoleic acid content. Ricinoleic acid, an unsaturated omega-9 fatty acid and a hydroxyl acid, has anti-inflammatory and antibacterial properties. The oil is also high in vitamin E, minerals, proteins and other nutrients that are beneficial to skin and hair. Castor oil works as a great moisturizer for dry skin. As it penetrates deep into the skin, it is effective at treating dry, flaky skin patches. The high concentration of fatty acid also promotes healthy and glowing skin and helps with skin conditions like dermatitis, which can cause severely rough, dry skin. Also, this oil promotes the production of elastin and collagen, which help delay the appearance of aging signs and keeps your skin looking youthful.

Unrefined Virgin Organic Coconut Oil

Organic unrefined coconut oil has a smooth, silky texture with a light coconut scent. It is highly nourishing, healing and soothing for the entire body, including the hair. The oil is easily absorbed into the skin due to its relatively small molecular structure. Coconut oil is best known for protecting and healing of dry skin and other skin disorders. This oil is anti-bacterial and anti-microbial and has antioxidants that work to combat the signs of aging. Loaded with antioxidants, it is believed to help combat the effects of aging by thwarting free radicals that cause the connective tissues in the skin to harden.



BASE INGREDIENTS

Cold-Pressed Organic Grapeseed Oil

An ecologically sound product, Grapeseed Oil is made from the seeds of grapes. Grapeseed Oil is cold pressed and sourced from a certified organic supplier. Grapeseed oil is high in vitamin E and contains essential fatty acid and is high in linoleic acid, an omega-6 fatty acid that is important for healthy skin. A fast absorbing, non-greasy, natural oil that makes your skin feel wonderful and new again. Grape seed oil contains antioxidants and anti-inflammatory properties, both of which are great for stopping acne. Grape seed oil has astringent qualities that help tighten skin and close up the pores. Grapeseed oil also promotes elasticity of the skin.

Cold-Pressed Virgin Unrefined Organic Jojoba Oil

Jojoba oil also hydrates dry, flaky skin with deep penetrating fatty acids and nourishing vitamins that helps to keep skin feeling soft and smooth. Since jojoba oil is a natural, organic product very similar to sebum, the skin's natural oil, it will not clog pores or leave your face feeling greasy. Not only do the fatty acids in jojoba oil treat dry skin, it also helps to repair the collagen matrix that is important in keeping your face supple and firm. This will over time help to reduce fine lines and wrinkles.

Organic Maple Syrup

Many people swear by using maple syrup topically, directly on their skin. Similarly to raw honey, maple syrup can help to lower skin inflammation, redness, blemishes and dryness. Recently, however, a study conducted by University of Rhode Island researcher Navindra Seeram (made possible by Conseil pour le développement de l'agriculture du Québec) confirmed more than 20 health-enhancing compounds, including minerals such as manganese, potassium, zinc and calcium, good stuff like vitamins A and B, serious doses of antioxidants and a host of anti-cancer, anti-bacterial and anti-diabetic properties.

Raw Unrefined Organic Mango Butter

Raw Unrefined Mango butter is cold pressed from the kernel of the mango fruit. The mango originated in southern Asia and has been used by indigenous people of the rain forest as a healing ingredient for many years. Mango butter is rich antioxidants and vitamins A and E, Group B vitamins, folic acid, calcium, iron and magnesium and contains high levels of fatty acid, which makes it an intensive moisturizer. As a natural emollient, mango butter adds moisture to dry skin and hair. It is believed to improve the elasticity in the skin. Mango butter is used to heal wounds on the skin, soothe tough or rough skin, treat eczema and dermatitis, fight frostbite, ease sunburn, promote collagen production and prevent premature aging.

Organic Olive Oil

Olive oil contains three major antioxidants: vitamin E, polyphenols, and phytosterols. Antioxidants, when topically applied, may help protect the skin from premature skin aging. Vitamin E partly accounts for the anti-aging benefits of olive oil because it helps restore skin smoothness and protects against ultraviolet light. Unlike commercial moisturizers that can clog pores and exacerbate current skin conditions, olive oil penetrates deeply into the skin while providing a cleansing effect.

Raw Unrefined Organic Shea Butter

Unrefined Shea Butter is an all-natural, chemical-free solution to care for your skin. Raw Shea Butter Shea butter undergoes no processing and comes in its purest form and is richer than other refined versions. Shea butter is ultra healing because it has high contents of antioxidants, essential fatty acids, vitamins A, D, E, and F, and UV ray protection. Unrefined Shea Butter is an all-natural, chemical-free solution to care for your skin and has been noted to aid in the following conditions; acne, eczema, hives, psoriasis, dry skin, wrinkles, stretch marks, sun damage and skin rashes.

Organic Sunflower Oil

Sunflower seed oil is rich in linoleic acid, and has been used topically in the treatment of essential fatty-acid deficiency, rapidly reversing the disease with its excellent transcutaneous absorption. More locally, these essential fatty acids can help maintain the skin barrier. Sunflower oil is the source of Vitamin E. Its large amount defines the powerful benefits of sunflower oil for skin. Sunflower contain compounds that protects collagen and elastin (skin's connective tissues) giving a more youthful appearance